

# 7 steps to a game-plan



Analysis tool

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1. Watch a match. After each point you stop the match
2. Identify game situations in that point
  - for example: defence situation, serve situation, counter attack and so on
3. Analysis of the game situation – what is happening?
4. Comparison
  - Compare the analyzation with your theoretical tactical knowledge and you experience from playing badminton. In this comparison you argue for why the choice made by the pair is good/bad. If bad then you argue for what you would have done instead.

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## 5. Repeat

- Go to the next point and continue the same procedure

## 6. Identifying good or bad habits

- Collect the information after a set or a match and see if the same decisions are made in a certain situation over and over again

## 7. Gameplan

- From this overview you are able to identify the opponents habits and decisions. Now you can develop a game plan against the opponents with both positive and negative key plays